

# Plants for a Butterfly Garden

garden.dannylipford.com

<p><b>Nectar Flowers – Annuals</b></p> <p>Cosmos Globe Amaranth Impatiens Marigold, French Mexican sunflower Nasturtium Queen Anne’s Lace Sunflower Verbena Zinnia</p> <p><i>Cosmos sulphureus</i> <i>Gomphrena globosa</i> <i>Impatiens wallerana</i> <i>Tagetes patula</i> <i>Tithonia sp.</i> <i>Tropaeolum majus</i> <i>Daucus carota</i> <i>Helianthus sp.</i> <i>Verbena sp.</i> <i>Zinnia elegans</i></p>	<p><b>Shrubs and Trees</b></p> <p>Abelia Blueberry Butterfly Bush Buttonbush Buckeye Clethra Elaeagnus Hawthorn Honeysuckle (shrub) Lilac Mock Orange New Jersey Tea Pear Plum Privet Redbud Rose of Sharon Silverling Spiraea Viburnum</p> <p><i>Abelia</i> <i>Vaccinium sp.</i> <i>Buddleia davidii</i> <i>Cephalanthus occidentalis</i> <i>Aesculus parviflora</i> <i>Clethra alnifolia</i> <i>Elaeagnus umbellata</i> <i>Crataegus sp.</i> <i>Lonicera sp.</i> <i>Syringa sp.</i> <i>Philadelphus sp.</i> <i>Canothus americanus</i> <i>Pyrus communis</i> <i>Prunus sp.</i> <i>Ligustrum sp.</i> <i>Cercis sp.</i> <i>Hibiscus sp.</i> <i>Baccharis sp.</i> <i>Spiraea sp.</i> <i>Viburnum sp.</i></p>
<p><b>Nectar Flowers – Perennials</b></p> <p>Ageratum Aster Bee Balm Black-Eyed Susan Boltonia Bugle Butterfly Weed Catmint Chives Coneflower Coreopsis Daylily English Lavender False Indigo Gayfeather, Blazing Star Goldenrod Heliotrope Hibiscus Hollyhock Ironweed Joe-Pye weed Lantana Leadplant Lobelia, Cardinal Flower Milkweed Mountain mint Passion Flower Phlox Salvia, Sage Sedum Shasta Daisy Spearmint Thistles Verbena Yarrow</p> <p><i>Ageratum</i> <i>Aster sp.</i> <i>Monarda didyma</i> <i>Rudbeckia sp.</i> <i>Boltonia asteroides</i> <i>Ajuga reptans</i> <i>Asclepias tuberosa</i> <i>Nepeta sp.</i> <i>Allium schoenoprasum</i> <i>Echinacea sp.</i> <i>Coreopsis sp.</i> <i>Hemerocallis sp.</i> <i>Lavandula angustifolia</i> <i>Baptisia australis</i> <i>Liatris sp.</i> <i>Solidago sp.</i> <i>Heliotropium arborescens</i> <i>Hibiscus sp.</i> <i>Althea rosa</i> <i>Vernonia sp.</i> <i>Eupatorium fistulosum</i> <i>Lantana sp.</i> <i>Amorpha fruticosa</i> <i>Lobelia cardinalis</i> <i>Asclepias sp.</i> <i>Pycnanthemum sp.</i> <i>Passiflora sp.</i> <i>Phlox paniculata &amp; carolina</i> <i>Salvia sp.</i> <i>Sedum sp.</i> <i>Chrysanthemum maximum</i> <i>Mentha spicata</i> <i>Cirsium sp.</i> <i>Verbena sp.</i> <i>Achillea sp.</i></p>	<p><b>Host Plants for Larvae and Eggs</b></p> <p>Black Cherry Clovers Carrot, Cabbages Dill Dogwoods Elms Fennel Flowering Fruit Trees Hop Tree Milkweed Nettles Oaks Parsley PawPaw Senna Spicebush Tulip Tree Willow</p> <p><i>Prunus serotina</i> <i>Trifolium sp.</i> <i>Anethum graveolens</i> <i>Cornus sp.</i> <i>Ulmus sp.</i> <i>Foeniculum vulgare</i> <i>Ptelea trifoliata</i> <i>Asclepia sp.</i> <i>Urtica sp.</i> <i>Quercus sp.</i> <i>Petroselinum sp.</i> <i>Asimina triloba</i> <i>Cassia sp.</i> <i>Lindera benzoin</i> <i>Liriodendron tulipifera</i> <i>Salix sp.</i></p>
	<p>Mass plantings are more appealing to both butterflies and humans – rather than buying one of everything, stick with a few favorites and buy 3-5 plants of each. Remember to stagger bloom times for uninterrupted butterfly feeding all summer!</p>